



Αθήνα, 27 Ιουλίου 2022

ΔΕΛΤΙΟ ΤΥΠΟΥ

Θέμα: 18^ο Ετήσιο Διεθνές Συνέδριο με θέμα την *Επιστήμη του Αθλητισμού και της Άσκησης*, Αθήνα, 25-26 Ιουλίου 2022.

Πραγματοποιήθηκε το 18^ο Διεθνές Συνέδριο Αθλητισμού του ΠΣΑΟΣ σε συνεργασία με τη Μονάδα Αθλητισμού του ATINER στις 25-26 Ιουλίου 2022. Παρουσιάστηκαν 32 εισηγήσεις από 19 χώρες. Οι συμμετοχές ξεπέρασαν τις 50. Ιδιαίτερη συζήτηση προκάλεσαν οι ακόλουθες εισηγήσεις:

1. Maria Kosma, Associate Professor, Louisiana State University, USA & David Buchanan, Professor Emeritus, University of Massachusetts-Amherst, USA. Reconsidering the Push for Digitized Physical Activity Education in Lieu of the Intrinsic Value of Embodied Action.
2. Kashaf Zayed, Professor, Sultan Qaboos University, Oman. Investigation of the Prevalent Types of Multiple Intelligences among Regular Sports Exercisers in Oman.
3. Numan Alpay, Associate Professor, Balikesir University, Turkey. Effects of Vitamin E Application on IFN- γ , TNF- α , IL-2 and IL-6 Levels in Elite Taekwondo Athletes.
4. Insook Kim, Associate Professor, Kent State University, USA. Evidence-Based Practices for Developing Physical Education Teachers' Depth of Content Knowledge.
5. Rafael Carvajal, Professor, University of Costa Rica, Costa Rica & Walter Salazar, Director of Physical Education and Sports, School University of Costa Rica, Costa Rica. Acute Effect of Warm-Up With Small-Sided Games on Sports Performance.
6. Donna Comissiong, Senior Lecturer, The University of the West Indies, Trinidad and Tobago, Jeffrey Leela, Senior Lecturer, College of Science, Technology & Applied Arts, Trinidad and Tobago & Karim Rahaman, Senior Lecturer, The University of the West Indies, Trinidad and Tobago. An Analysis of Passing Networks in Football.
7. Christina Frese, Researcher, University of Stuttgart, Germany, Dieter Bubeck, Researcher & Project Supervisor, University of Stuttgart, Germany & Wilfried Alt, Professor & Institutional Director, University of Stuttgart, Germany. Do High Forces and Neuromuscular Dysbalance in the Take-Off Phase Lead to Unilateral Knee Pain in Volleyball Athletes?
8. Lisa Lewis, Professor, Austin Peay State University, USA. Dance and Neuroscience Research.
9. Ordean Mircea-Nicolae, Lecturer, 1 December 1918 University of Alba Iulia, Romania & Emilia Florina Grosu, Professor, Babes-Bolyai University, Romania. Develop Focusing Attention, Perception and Distributive Attention through a Dance Program-Therapy.
10. Veselin Vasilev, Assistant Professor, Medical University of Plovdiv, Bulgaria, Nikolay Boyadjiev, Professor, Medical University of Plovdiv, Bulgaria, Katerina Georgieva, Professor, Medical University of Plovdiv, Bulgaria, Tanya Deneva, Associate Professor, Medical University of Plovdiv, Bulgaria, Desislava Arabadzhyska, Assistant Professor,

Medical University of Plovdiv, Bulgaria & Zakee Abdi, Student, Medical University of Plovdiv, Bulgaria. Changes in Some Blood Lipid Variables after 8 Week Training and Ostarine Administration.

Μερικές από αυτές τις παρουσιάσεις θα δημοσιευτούν στο περιοδικό του ΠΣΑΟΣ *Athens Journal of Sports*.